

### Various Types of Pessaries and Their Uses

Type	Uses	Sizes	Insert & remove	Removal for Intercourse
IncoStress	Slight cystocele, Rectocele, Stress Incontinence Bladder neck and urethra support	One size	Easy	Yes
Ring	Mild uterine prolapse and mild incontinence	64mm to 100mm diameter	Easy -Medium	Not necessary
Donut	Moderate uterine prolapse	64mm to 76mm	Medium	Yes
Thick Ring	Mild uterine prolapse without sever incontinence	50mm to 100mm		Yes
Urethra ring	Urinary stress incontinence	45mm to 100mm diameter	Medium	Not necessary
Urethra Bowl	Urinary stress incontinence with sever descensus	55mm to 90mm	Medium	Yes
Ring with support	Mild uterine prolapse	64mm to 76mm	Medium	Yes
Incontinence dish	Urinary stress incontinence	64mm to 76mm	Medium	Yes
Dish with support	Urinary stress incontinence with mild prolapse and mild cystocele	64mm to 76mm	Medium	Yes
Gellhorn	Moderate uterine prolapse	57mm to 70mm	Difficult	Yes
Club	Moderate to severe uterine prolapse	50mm to 90mm	Difficult	Yes
Inflatable	Moderate to severe uterine prolapse. Also for multiple prolapses	Medium and large	Easy	Yes
Cube	Moderate to severe uterine prolapse (good if patient is unable to support a ring)	25mm to 45mm	Medium	Yes
Tandem (custom made)	Moderate to severe uterine prolapse (supports cystocele & lower rectocele also)	Mix of 2 cube sizes may be used	Medium	Yes

Gehrung with or w/o knob	Moderate to severe cystocele Mild to severe uterine prolapse Mild rectocele (depending on where in bowel)	64mm to 76mm	Difficult	Not necessary
Hodge with or w/o Support	Urinary stress incontinence for the woman who has a small vaginal introitus	55mm to 95mm	Medium	Not necessary
Mar-land with or w/o support	Moderate uterine prolapse, a cystocele or rectocele	57mm to 95mm	Medium	Not necessary
Bowl or Sieve Bowl	Mild vaginal vault and uterine prolapse	50mm to 100mm	Difficult	Not necessary
Oval	Mild uterine and cystocele	51mm to 102mm	Difficult	Yes
T Pessary B type	Mild cystocele, enterocele and rectocele as well as urinary stress incontinence	20mm to 36mm	Easy	Yes
T Pessary R type	Mild cystocele, enterocele and rectocele as well as urinary stress incontinence	20mm to 36mm	Easy	Yes
Cramer	Urinary stress incontinence	50m to 90mm	Medium	Not necessary
Cerclage (2 types)	Used to treat pregnant women with an incompetent cervix.	32mm Ø 17mmH 35mmØ 25mm H	Medium	Not necessary
Shaatz	Mild uterine prolapse complicated by a mild cystocele	38mm to 89mm	Medium/ difficult	Yes
Smith or Risser	Designed for patient with shallow pubic notch Used for retroverted uterus in pregnancy Urinary stress incontinence and mild cystocele	55mm to 95mm	Difficult	Not necessary
Introl	Urinary stress incontinence		Medium	Not necessary